

October 2026

MENU AND SHOPPING SCHEDULE

(SUBJECT TO CHANGE WITHOUT NOTICE)

October 2026						
Su	Mo	Tu	We	Th	Fr	Sa
4	5	6	7	1	2	3
11	12	13	14	8	9	10
18	19	20	21	15	16	17
25	26	27	28	22	23	24
				29	30	31

November 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 28	29	30	Oct 1	2
			Lunch Menu - Tuscan Chicken	Lunch Menu - Oktoberfest
			TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	
5	6	7	8	9
Lunch Menu - Spaghetti & Meatballs	Lunch Menu - Peruvian Chicken	Lunch Menu - Beef Bolognese	Lunch Menu - Tuscan chicken	Lunch Menu - Egg Salad
TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart OR Outlets)	TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	
12	13	14	15	16
Columbus Day	Lunch Menu - Beef Chili	Lunch Menu - BBQ Chicken	Lunch Menu - Teriyaki Chicken	Lunch Menu - Mocktail Party
Senior Center & Mun. Bldg. Closed	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart OR Outlets)	TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	
19	20	21	22	23
Lunch Menu - Pork Chop	Lunch Menu - Beef Burger	Lunch Menu - Fajita Beef Bowl	Lunch Menu - Sweet & Sour Chicken	Lunch Menu - Ham & Cheese
TODAY'S SHOPPING TRIP Battleview Orchards	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart OR Outlets)	TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	
26	27	28	29	30
Lunch Menu - Chicken Ceaser Salad	Lunch Menu - Beef Bolognese	Lunch Menu - Sweet Chili	Lunch Menu - Balsamic Braised Turkey	Lunch Menu - WHATS THE SCOOP
TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart OR Outlets)	TODAY'S SHOPPING TRIP Atlantic Farm and Lunch @ Hinck's	TODAY'S SHOPPING TRIP Shop-Rite	

October 2026

ADULT ENRICHMENT PROGRAMS

(SUBJECT TO CHANGE WITHOUT NOTICE)

October 2026							November 2026						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
4	5	6	7	1	2	3	1	2	3	4	5	6	7
11	12	13	14	8	9	10	8	9	10	11	12	13	14
18	19	20	21	15	16	17	15	16	17	18	19	20	21
25	26	27	28	22	23	24	22	23	24	25	26	27	28
				29	30	31	29	30					

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 28	29	30	Oct 1	2
			10:00am Ceramics/Exp. Fine Art	PM Programs Cancelled
			1:00pm Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue
			1:00pm Rummikub	
5	6	7	8	9
10:00am Ceramics w/ Sue	Flu Shot Clinic 2-5pm	10:00am Diamond Art Club	10:00am Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue
1:00pm Canasta	10:00am Creative Expressions	12:00pm "Showcase of Scenes"	1:00pm Ceramics/Exp. Fine Art	10:00am Wellness Screenings
1:00pm Knitting	10:00am Woodcarving	1:00pm Cards & Games	1:00pm Forever Young Bus. Mtg.	10:30am Book Club
	1:00pm Ageless Actors/Bingo		1:00pm Rummikub	1:00pm Cards & Games
12	13	14	15	16
Columbus Day	10:00am Creative Expressions	10:00am Diamond Art Club	10:00am Ceramics/Exp. Fine Art	PM Programs Cancelled
Senior Center & Mun. Bldg. Closed	10:00am Woodcarving	10:00am NJNG Resource Day	1:00pm Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue
	1:00pm Ageless Actors/Bingo	1:00pm Cards & Games	1:00pm Rummikub	
19	20	21	22	23
Craft Sale Week				
10:00am "The Nurse Is In"	10:00am Creative Expressions	10:00am Diamond Art Club	10:00am Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue
10:00am Ceramics w/ Sue	10:00am Woodcarving	1:00pm Cards & Games	1:00pm Ceramics/Exp. Fine Art	1:00pm Cards & Games
1:00pm Canasta	11:00am "Breast Cancer and You"		1:00pm Rummikub	
1:00pm Knitting	1:00pm Ageless Actors/Bingo			
26	27	28	29	30
Craft Sale Extended Hours 4-7pm	10:00am Creative Expressions	10:00am Diamond Art Club	10:00am Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue
10:00am Ceramics w/ Sue	10:00am Woodcarving	1:00pm Cards & Games	1:00pm Ceramics/Exp. Fine Art	1:00pm Cards & Games
1:00pm Canasta	1:00pm Ageless Actors/Bingo		1:00pm Rummikub	
1:00pm Knitting				

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ADULT FITNESS PROGRAMS

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October 2026							November 2026						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
4	5	6	7	1	2	3	1	2	3	4	5	6	7
11	12	13	14	8	9	10	8	9	10	11	12	13	14
18	19	20	21	15	16	17	15	16	17	18	19	20	21
25	26	27	28	22	23	24	22	23	24	25	26	27	28
				29	30	31	29	30					

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 28	29	30	Oct 1	2
			Tai Chi Cancelled	9:00am Standing Strong w/ Nicole
			11:00am Line Dancing Club	10:00am Balance & Flexibility w/ Nicole
				11:00am Shaping Up, Sitting Down w/ Nicole
5	6	7	8	9
9:00am Shaping Up, Sitting Down w/ Nicole	Tai Chi Cancelled	9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole
10:00am Balance & Flexibility w/ Nicole	9:00am Standing Strong w/ Nicole	10:00am Balance & Flexibility w/ Nicole	11:00am Line Dancing Club	10:00am Balance & Flexibility w/ Nicole
	10:00am Chair Yoga w/ Nicole			11:00am Shaping Up, Sitting Down w/ Nicole
12	13	14	15	16
Columbus Day	9:00am Standing Strong w/ Nicole	9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole
Senior Center & Mun. Bldg. Closed	10:00am Chair Yoga w/ Nicole	10:00am Balance & Flexibility w/ Nicole	11:00am Line Dancing Club	10:00am Balance & Flexibility w/ Nicole
	11:00am Tai Chi w/ Dan			11:00am Shaping Up, Sitting Down w/ Nicole
19	20	21	22	23
9:00am Shaping Up, Sitting Down w/ Nicole	9:00am Standing Strong w/ Nicole	9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole
10:00am Balance & Flexibility w/ Nicole	10:00am Chair Yoga w/ Nicole	10:00am Balance & Flexibility w/ Nicole		10:00am Balance & Flexibility w/ Nicole
	11:00am Tai Chi w/ Dan			11:00am Shaping Up, Sitting Down w/ Nicole
26	27	28	29	30
9:00am Shaping Up, Sitting Down w/ Nicole	9:00am Standing Strong w/ Nicole	9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole
10:00am Balance & Flexibility w/ Nicole	10:00am Chair Yoga w/ Nicole	10:00am Balance & Flexibility w/ Nicole		10:00am Balance & Flexibility w/ Nicole
	11:00am Tai Chi w/ Dan			11:00am Shaping Up, Sitting Down w/ Nicole