

September 2022		ADULT ENRICHMENT AND FITNESS PROGRAMS		<div> <div>September 2022</div> <div> <div>Su</div><div>Mo</div><div>Tu</div><div>We</div><div>Th</div><div>Fr</div><div>Sa</div> </div> </div> <div> <div>4</div><div>5</div><div>6</div><div>7</div><div>8</div><div>9</div><div>10</div> <div>11</div><div>12</div><div>13</div><div>14</div><div>15</div><div>16</div><div>17</div> <div>18</div><div>19</div><div>20</div><div>21</div><div>22</div><div>23</div><div>24</div> <div>25</div><div>26</div><div>27</div><div>28</div><div>29</div><div>30</div><div></div> </div>
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October 2022

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September 2022

MENU AND SHOPPING SCHEDULE

(SUBJECT TO CHANGE WITHOUT NOTICE)

September 2022						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 29	30	31	Sep 1	2
			Lunch Menu - Beef Lasagna	Lunch Cancelled
			9:30am TODAY'S SHOPPING TRIP	Shopping Cancelled
			Aldi's Food Store OR Stop & Shop OR Dollar General	
5	6	7	8	9
Senior Center & Municipal Building Closed	Lunch Menu - Pork Chops	Lunch Menu - Meatloaf	Lunch Menu - Breaded Flounder	Lunch Menu - Turkey & Cheese
	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP
	Seaview Square (Target, Marshall's, Costco OR Wegmans)	Shop-Rite	Aldi's Food Store OR Stop & Shop OR Dollar General	Shop-Rite
12	13	14	15	16
Lunch Menu - Salisbury Steak	Lunch Menu - Meatloaf	Lunch Menu - Turkey Dinner	Lunch Menu - BBQ Spare Ribs	Lunch Menu - Tuna Salad
9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP
Route 66 (includes drop-off at Walmart OR Home Depot)	Seaview Square (Target, Marshall's, Costco OR Wegmans)	Shop-Rite	Aldi's Food Store OR Stop & Shop OR Dollar General	Shop-Rite
19	20	21	22	23
Lunch Menu - Chicken Parm	Lunch Menu - Swedish Meatballs	Lunch Menu - Beef Lasagna	Lunch Menu - Grilled Chicken	Lunch Menu - Ham & Cheese
9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP
Route 66 (includes drop-off at Walmart OR Home Depot)	Seaview Square (Target, Marshall's, Costco OR Wegmans)	Shop-Rite	Aldi's Food Store OR Stop & Shop OR Dollar General	Shop-Rite
26	27	28	29	30
Lunch Menu - Tuna Salad	Lunch Menu - Breaded Flounder	Lunch Menu - Omelet	Lunch Menu - Chef Salad w/ Chicken	Lunch Menu - Grilled Chicken
9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP	9:30am TODAY'S SHOPPING TRIP
Route 66 (includes drop-off at Walmart OR Home Depot)	Seaview Square (Target, Marshall's, Costco OR Wegmans)	Shop-Rite	Aldi's Food Store OR Stop & Shop OR Dollar General	Shop-Rite