

June 2024

ADULT FITNESS PROGRAMS (SUBJECT TO CHANGE WITHOUT NOTICE)

June 2024						
Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024						
Su	Mo	Tu	We	Th	Fr	Sa
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jun 3 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	4 Primary Election Day Programs & Classes Cancelled	5 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	6 10:00am T'ai Chi w/ Dan	7 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
10 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	11 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	12 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	13 10:00am T'ai Chi w/ Dan	14 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
17 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	18 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	19 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	20 10:00am T'ai Chi w/ Dan	21 Juneteenth Observed Senior Center & Mun. Bldg. Closed
24 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	25 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	26 Classes w/ Nicole Cancelled	27 10:00am T'ai Chi w/ Dan	28 To Jul 5. →

June 2024

ADULT ENRICHMENT PROGRAMS (SUBJECT TO CHANGE WITHOUT NOTICE)

June 2024						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jun 3 10:00am Ceramics w/ Sue 1:00pm Knitwits 1:00pm Mah Jongg	4 Primary Election Day Programs & Classes Cancelled	5 11:00am "The Power of Plants" 1:00pm Cards & Games	6 10:00am Ceramics w/ Ed 10:00am Exp. Fine Art w/ Tena 1:00pm Bridge/Rummikub 1:00pm Ceramics w/ Ed 1:00pm Exp. Fine Art w/ Tena	7 9:00am Ceramics w/ Sue 9:00am Mexican Dominoes
10 10:00am Ceramics w/ Sue 1:00pm Knitwits 1:00pm Mah Jongg	11 9:30am "The Nurse Is In" 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	12 10:30am "Brain Health Jeopardy" 1:00pm Cards & Games	13 10:00am Ceramics/Exp. Fine Art 10:00am Exp. Fine Art w/ Tena 10:30am Book Club 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art 1:00pm Forever Young Bus. Mtg.	14 9:00am Ceramics w/ Sue 9:00am Mexican Dominoes
17 10:00am Ceramics w/ Sue 1:00pm Knitwits 1:00pm Mah Jongg	18 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	19 10:30am "Hearing Health" 1:00pm Cards & Games	20 10:00am Ceramics w/ Ed 10:00am Exp. Fine Art w/ Tena 1:00pm Bridge/Rummikub 1:00pm Ceramics w/ Ed 1:00pm Exp. Fine Art w/ Tena	21 Juneteenth Observed Senior Center & Mun. Bldg. Closed
24 10:00am Ceramics w/ Sue 1:00pm Knitwits 1:00pm Mah Jongg	25 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	26 1:00pm Cards & Games	27 PM Cards Cancelled Summer Kick-Off Luncheon 10:00am Ceramics w/ Ed 10:00am Exp. Fine Art w/ Tena 1:00pm Ceramics w/ Ed 1:00pm Exp. Fine Art w/ Tena	28 9:00am Ceramics w/ Sue 9:00am Mexican Dominoes

June 2024

MENU AND SHOPPING SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

June 2024						
Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024						
Su	Mo	Tu	We	Th	Fr	Sa
7	1	2	3	4	5	6
14	8	9	10	11	12	13
21	15	16	17	18	19	20
28	22	23	24	25	26	27
	29	30	31			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jun 3 Lunch Menu - Salisbury Steak TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	4 Primary Election Day Programs & Classes Cancelled	5 Lunch Menu - Chef Salad TODAY'S SHOPPING TRIP Shop-Rite	6 Lunch Menu - BBQ Spare Ribs TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	7 Early Lunch 11am Lunch Menu - Soup & Dessert
10 Lunch Menu - Turkey Dinner TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	11 Lunch Menu - Egg Salad TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	12 Lunch Menu - Beef Lasagna TODAY'S SHOPPING TRIP Delicious Orchards	13 Lunch Menu - Chicken Parm TODAY'S SHOPPING TRIP Shop Rite	14 Early Lunch 11am Lunch Menu - Soup & Dessert
17 Lunch Menu - Turkey & Cheese Shopping Cancelled Sundae is Monday	18 Lunch Menu - Breaded Flounder TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	19 Lunch Menu - Omelet TODAY'S SHOPPING TRIP Shop-Rite	20 Lunch Menu - Pork Chops TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	21 Juneteenth Observed Senior Center & Mun. Bldg. Closed
24 Lunch Menu - Salisbury Steak Shopping Cancelled	25 Lunch Menu - Sweet & Sour Chicken TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	26 Lunch Menu - Ham & Cheese TODAY'S SHOPPING TRIP Shop-Rite	27 Shopping Cancelled Summer Kick-Off Lunch Res. Req'd.	28 Early Lunch 11am Lunch Menu - Soup & Dessert