

December 2024

ADULT ENRICHMENT PROGRAMS (SUBJECT TO CHANGE WITHOUT NOTICE)

December 2024						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec 2 10:00am Ceramics w/ Sue 1:00pm Knitwits	3 9:30am "The Nurse Is In" 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	4 1:00pm Cards & Games	5 10:00am Ceramics w/ Ed 10:00am Exp. Fine Art w/ Tena 1:00pm Bridge/Rummikub 1:00pm Ceramics w/ Ed 1:00pm Exp. Fine Art w/ Tena	6 9:00am Ceramics w/ Sue 1:00pm Cards & Games
9 PM Programs Cancelled 10:00am Ceramics w/ Sue	10 Classes & Programs Cancelled Holiday Party	11 PM Programs Cancelled	12 Classes & Programs Cancelled Holiday Party	13 9:00am Ceramics w/ Sue 10:30am Book Club 1:00pm Cards & Games
16 10:00am Ceramics w/ Sue 11:00am "Nutrition and Your Immune System" 1:00pm Knitwits	17 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	18 1:00pm Cards & Games 1:00pm Snowman Holiday Craft w/Tena	19 10:00am Ceramics w/ Ed 10:00am Exp. Fine Art w/ Tena 1:00pm Bridge/Rummikub 1:00pm Ceramics w/ Ed 1:00pm Exp. Fine Art w/ Tena	20 9:00am Ceramics w/ Sue 1:00pm Cards & Games
23 1:00pm "Sip and Decorate" Cookie Workshop	24 Classes Cancelled	25 Christmas Day Senior Center & Mun. Bldg. Closed	26 Classes Cancelled	27 Classes Cancelled
30 Classes Cancelled	31 Classes Cancelled	Jan 1, 25	2	3

December 2024

ADULT FITNESS PROGRAMS (SUBJECT TO CHANGE WITHOUT NOTICE)

December 2024						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec 2 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	3 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	4 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	5 Tai Chi Cancelled	6 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
9 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	10 Classes & Programs Cancelled Holiday Party	11 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	12 Classes & Programs Cancelled Holiday Party	13 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
16 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	17 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	18 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	19 10:00am T'ai Chi w/ Dan	20 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
23	24	25 Classes Cancelled Christmas Day Senior Center & Mun. Bldg. Closed	26	27
30 Classes Cancelled	31	Jan 1, 25	2	3

December 2024

MENU AND SHOPPING SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

December 2024						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec 2 Lunch Menu - Turkey Dinner TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	3 Lunch Menu - Swedish Meatballs TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	4 Lunch Menu - Beef Lasagna TODAY'S SHOPPING TRIP Shop-Rite	5 Lunch Menu - Chicken Parm TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	6 Lunch Menu - Egg Salad TODAY'S SHOPPING TRIP Shop-Rite
9 Lunch Menu - Tuna Salad Shopping Cancelled	10 Holiday Party - Res Required Shopping Cancelled	11 Lunch Menu - Soup & Dessert TODAY'S SHOPPING TRIP Shop-Rite	12 Holiday Party - Res Required Shopping Cancelled	13 Lunch Menu - Spinach & Cheese Omelet TODAY'S SHOPPING TRIP Shop-Rite
16 Lunch Menu - Salisbury Steak TODAY'S SHOPPING TRIP Macy's OR Boscov's OR Uncle Giuseppe's	17 Lunch Menu - Chicken, Peppers & Onions Shopping Cancelled	18 Lunch Menu - Fish TODAY'S SHOPPING TRIP Shop-Rite	19 Lunch Menu - Beef Lasagna TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	20 Lunch Menu - Ham/Cheese TODAY'S SHOPPING TRIP Shop-Rite
23 Lunch Menu - Interfaith Holiday Lunch TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	24 Early Lunch 11AM - Soup & Dessert Shopping Cancelled	25 Christmas Day Municipal Building & Senior Center Closed	26 Lunch Menu - Fish TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	27 Lunch Menu - Turkey & Cheese TODAY'S SHOPPING TRIP Shop-Rite
30 Lunch Menu - Salisbury Steak TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	31 Pizza Party - Res Required	Jan 1, 25	2	3