

November 2025

MENU AND SHOPPING SCHEDULE
(SUBJECT TO CHANGE WITHOUT NOTICE)

November 2025							December 2025						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1		1	2	3	4	5	6
2	3	4	5	6	7	8	7	8	9	10	11	12	13
9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30	31			
30													

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov 3 Lunch Menu - California Chicken "Burger" TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	4 Lunch Cancelled TODAY'S SHOPPING TRIP Delicious Orchards	5 Lunch Menu - Meatloaf TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	6 Lunch Menu - Breaded Flounder TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	7 Lunch Menu - Turkey & Cheese
10 Lunch Menu - Salisbury Steak TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	11 Senior Center & Mun. Bldg. Closed Veteran's Day	12 Lunch Menu - Turkey Dinner TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	13 Lunch Menu - BBQ Spare Ribs TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	14 Lunch Menu - Meatloaf
17 Lunch Menu - Turkey Dinner TODAY'S SHOPPING TRIP Uncle Giuseppe's OR Boscov's	18 Lunch Menu - Egg Salad TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	19 Lunch Menu - Beef Lasagna TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	20 Lunch Menu - Chicken Parm TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	21 Lunch Menu - Swedish Meatballs
24 Lunch Menu - Tuna Salad TODAY'S SHOPPING TRIP Shop-Rite	25 Lunch Menu - Thanksgiving Luncheon Res. Req'd.	26 Lunch Menu - Omelet	27 Senior Center & Mun. Bldg. Closed Thanksgiving	28 Senior Center & Mun. Bldg. Closed

November 2025

ADULT FITNES PROGRAMS

(SUBJECT TO CHANGE WITHOUT NOTICE)

November 2025						
Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	1
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov 3 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	4 Classes & Programs Cancelled Election Day	5 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	6 10:00am T'ai Chi w/ Dan	7 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
10 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	11 Senior Center & Mun. Bldg. Closed Veteran's Day	12 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	13 10:00am T'ai Chi w/ Dan 11:00am Line Dancing	14 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
17 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	18 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	19 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	20 10:00am T'ai Chi w/ Dan 11:00am Line Dancing	21 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
24 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	25 Classes & Programs Cancelled	26 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	27 Senior Center & Mun. Bldg. Closed Thanksgiving	28 Senior Center & Mun. Bldg. Closed

November 2025

ADULT ENRICHMENT PROGRAMS
(SUBJECT TO CHANGE WITHOUT NOTICE)

November 2025							December 2025						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	1	7	1	2	3	4	5	6
9	10	11	12	13	14	8	14	8	9	10	11	12	13
16	17	18	19	20	21	15	21	15	16	17	18	19	20
23	24	25	26	27	28	22	28	22	23	24	25	26	27
30						29		29	30	31			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov 3	4	5	6	7
10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	Classes & Programs Cancelled Election Day	Craft Sale 1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue 1:00pm Cards & Games
10	11	12	13	14
10:00am Ceramics w/ Sue 1:00pm Bingo/Bridge 1:00pm Canasta 1:00pm Knitwits	Senior Center & Mun. Bldg. Closed Veteran's Day	1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art 1:00pm Forever Young Bus. Mtg.	9:00am Ceramics w/ Sue 10:30am Book Club 1:00pm Cards & Games
17	18	19	20	21
10:00am "The Nurse Is In" 10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	10:00am Creative Expressions 10:00am LD11 Mobile Outreach 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	PM Programs Cancelled 11:30am Flu Shot Clinic	10:00am Ceramics/Exp. Fine Art 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue 1:00pm Cards & Games
24	25	26	27	28
PM Programs Cancelled 10:00am Ceramics w/ Sue	Classes & Programs Cancelled	PM Programs Cancelled	Senior Center & Mun. Bldg. Closed Thanksgiving	Senior Center & Mun. Bldg. Closed