

March 2026

MENU AND SHOPPING SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

March 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026						
Su	Mo	Tu	We	Th	Fr	Sa
	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar 2 Lunch Menu - Tuna TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	3 Lunch Menu - Turkey Burger TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	4 Lunch Menu - Spaghetti & Meatballs TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	5 Lunch Menu - Honey Chicken TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	6 Lunch Menu - Fish Mac & Cheese
9 Lunch Menu - Salisbury Steak TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	10 Lunch Menu - Sesame Turkey TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	11 Lunch Menu - Beef Chili TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	12 Lunch Menu - Grilled Chicken TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	13 Lunch Menu - Fish Mac & Cheese
16 Lunch Menu - Baked Chicken TODAY'S SHOPPING TRIP Delicious Orchards	17 Lunch Menu - St Patrick's Day (Res. Req.) TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	18 Lunch Menu - Shepherds Pie TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	19 Lunch Menu - Tuscan Grilled Chicken TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	20 Lunch Menu - Fish & Sweet Potatoes
23 Lunch Menu - Salisbury Steak TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	24 Lunch Menu - Balsamic Turkey TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	25 Lunch Menu - Beef Bolognese TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	26 Lunch Menu - Peruvian Chicken TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	27 Lunch Menu - "What's The Scoop?" (Res. Req.)
30 Lunch Menu - Swedish Meatballs TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	31 Lunch Menu - Beef Chili TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	Apr 1	2	3

March 2026

ADULT ENRICHMENT PROGRAMS

(SUBJECT TO CHANGE WITHOUT NOTICE)

March 2026						
Su	Mo	Tu	We	Th	Fr	Sa
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15	16	17	18	19	20	21
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29	30	31				

April 2026						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar 2 10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	3 10:00am Creative Expressions 10:00am Woodcarving 11:00am "Healthy Heart" by GCU 1:00pm Acting Planning Meeting 1:00pm Bingo/Bridge	4 10:00am Diamond Art Club 1:00pm Cards & Games	5 10:00am Ceramics/Exp. Fine Art Open Studio 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art Open Studio	6 9:00am Ceramics w/ Sue 1:00pm Cards & Games
9 10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	10 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting Planning Meeting 1:00pm Bingo/Bridge	11 1:00pm Cards & Games	12 10:00am Ceramics/Exp. Fine Art Open Studio 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art Open Studio 1:00pm Forever Young Bus. Mtg.	13 9:00am Ceramics w/ Sue 10:30am Book Club 1:00pm Cards & Games
16 10:00am "The Nurse Is In" 10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	17 PM Programs Canceled 10:00am Creative Expressions 10:00am Woodcarving	18 10:00am Diamond Art Club 1:00pm Cards & Games 5:30pm Community CPR	19 10:00am Ceramics/Exp. Fine Art Open Studio 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art Open Studio	20 9:00am Ceramics w/ Sue 10:30am Healthy Homes 1:00pm Cards & Games
23 10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	24 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting Planning Meeting 1:00pm Bingo/Bridge	25 1:00pm Cards & Games	26 10:00am Ceramics/Exp. Fine Art Open Studio 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art Open Studio	27 9:00am Ceramics w/ Sue 1:00pm Cards & Games
30 10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	31 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting Planning Meeting 1:00pm Bingo/Bridge	Apr 1	2	3

March 2026

ADULT FITNESS PROGRAMS

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26	27	28	29	30		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar 2 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	3 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	4 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	5 10:00am T'ai Chi w/ Dan 11:00am Line Dancing	6 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
9 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	10 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	11 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	12 10:00am T'ai Chi w/ Dan 11:00am Line Dancing	13 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
16 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	17 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	18 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	19 10:00am T'ai Chi w/ Dan	20 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
23 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	24 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	25 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	26 10:00am T'ai Chi w/ Dan 11:00am Line Dancing	27 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
30 9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	31 9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	Apr 1	2	3