

October 2025

October 2025							November 2025						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	1	2	3	4	2	3	4	5	6	7	1
12	13	14	8	9	10	11	9	10	11	12	13	14	8
19	20	21	15	16	17	18	16	17	18	19	20	21	15
26	27	28	22	23	24	25	23	24	25	26	27	28	22
			29	30	31		30						29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 29	30	Oct 1	2	3
		9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole
		10:00am Balance & Flexibility w/ Nicole		10:00am Balance & Flexibility w/ Nicole
				11:00am Shaping Up, Sitting Down w/ Nicole
6	7	8	9	10
9:00am Shaping Up, Sitting Down w/ Nicole	9:00am Standing Strong w/ Nicole	9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole
10:00am Balance & Flexibility w/ Nicole	10:00am Chair Yoga w/ Nicole	10:00am Balance & Flexibility w/ Nicole	11:00am Line Dancing	10:00am Balance & Flexibility w/ Nicole
	11:00am Tai Chi w/ Dan			11:00am Shaping Up, Sitting Down w/ Nicole
13	14	15	16	17
Columbus Day	9:00am Standing Strong w/ Nicole	9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole
Senior Center & Mun. Bldg. Closed	10:00am Chair Yoga w/ Nicole	10:00am Balance & Flexibility w/ Nicole		10:00am Balance & Flexibility w/ Nicole
	11:00am Tai Chi w/ Dan			11:00am Shaping Up, Sitting Down w/ Nicole
20	21	22	23	24
9:00am Shaping Up, Sitting Down w/ Nicole	9:00am Standing Strong w/ Nicole	9:00am Shaping Up, Sitting Down w/ Nicole	10:00am T'ai Chi w/ Dan	Classes & Programs Cancelled
10:00am "The Nurse Is In"	10:00am Chair Yoga w/ Nicole	10:00am Balance & Flexibility w/ Nicole	11:00am Line Dancing	
10:00am Balance & Flexibility w/ Nicole	11:00am Tai Chi w/ Dan			
27	28	29	30	31
		Fitness Classes Cancelled		

October 2025

October 2025							November 2025						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	1	2	3	4	2	3	4	5	6	7	1
12	13	14	8	9	10	11	9	10	11	12	13	14	8
19	20	21	15	16	17	18	16	17	18	19	20	21	15
26	27	28	22	23	24	25	23	24	25	26	27	28	22
			29	30	31		30						29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 29	30	Oct 1	2	3
		10:00am New Jersey Natural Gas Outreach Event 1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art	PM Programs Cancelled 9:00am Ceramics w/ Sue
6	7	8	9	10
10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	10:00am Creative Expressions 10:00am Woodcarving 11:00am "PAS-1 Filing Workshop" 1:00pm Acting 1:00pm Bingo/Bridge	1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art 1:00pm Forever Young Bus. Mtg.	9:00am Ceramics w/ Sue 10:30am Book Club 1:00pm Cards & Games
13	14	15	16	17
Columbus Day Senior Center & Mun. Bldg.	10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	10:30am "Fall Prevention" 1:00pm Cards & Games 1:00pm Vaccine Clinic	10:00am Ceramics/Exp. Fine Art 10:00am Medicare Info Session 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art 6:00pm Medicare Info Session	9:00am Ceramics w/ Sue 1:00pm Cards & Games
20	21	22	23	24
10:00am "The Nurse Is In" 10:00am Ceramics w/ Sue 11:00am "Managing Osteoporosis" 1:00pm Canasta 1:00pm Knitwits	10:00am Creative Expressions 10:00am LD11 Mobile Outreach 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art 1:00pm Musicians In The Round	Classes & Programs Cancelled
27	28	29	30	31
10:00am Ceramics w/ Sue 1:00pm Canasta 1:00pm Knitwits	9:30am Wellness Screenings 10:00am Creative Expressions 10:00am Woodcarving 1:00pm Acting 1:00pm Bingo/Bridge	1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art 1:00pm Bridge/Rummikub 1:00pm Ceramics/Exp. Fine Art	Classes & Programs Cancelled Mocktail Party

October 2025

October 2025							November 2025						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	1	2	3	4	2	3	4	5	6	7	1
12	13	14	8	9	10	11	9	10	11	12	13	14	8
19	20	21	15	16	17	18	16	17	18	19	20	21	15
26	27	28	22	23	24	25	23	24	25	26	27	28	22
			29	30	31		30						29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 29	30	Oct 1	2	3
		Lunch Menu - Meatloaf	Lunch Menu - Breaded Flounder	Oktoberfest Luncheon Res. Req'd.
		TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	
6	7	8	9	10
Lunch Menu - Salisbury Steak	Lunch Menu - Tuna Salad	Lunch Menu - Turkey Dinner	Lunch Menu - BBQ Spare Ribs	Lunch Menu - Spaghetti & meatballs
TODAY'S SHOPPING TRIP Uncle Giuseppe's OR Lidl	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	
13	14	15	16	17
Columbus Day	Lunch -Tacos	Lunch Menu - Beef Lasagna	Lunch Menu - Chicken Parm	Lunch Menu - Swedish Meatballs
Senior Center & Mun. Bldg. Closed	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	
20	21	22	23	24
Lunch Menu - Tuna Salad	Lunch Menu - Breaded Flounder	Lunch Menu -Grilled chicken	Lunch Menu - Pork Chops	Lunch Menu - Grilled Chicken
TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	TODAY'S SHOPPING TRIP Battleview Orchards
27	28	29	30	31
Lunch Menu - Salisbury Steak	Lunch Menu - Grilled Chicken	Lunch Menu - Ham & Cheese	Lunch Menu - Beef Lasagna	Mocktail Party Res. Req'd.
TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	