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October 2025								November 2025					
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 29	30	Oct 1  9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	2 10:00am T'ai Chi w/ Dan	3 9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
6	7	8	9 10:00am T'ai Chi w/ Dan	10
9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	11:00am Line Dancing	9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
13	14	15	16	17
Columbus Day Senior Center & Mun. Bldg. Closed	9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	10:00am T'ai Chi w/ Dan	9:00am Standing Strong w/ Nicole 10:00am Balance & Flexibility w/ Nicole 11:00am Shaping Up, Sitting Down w/ Nicole
20	21	22	23	24
9:00am Shaping Up, Sitting Down w/ Nicole 10:00am "The Nurse Is In" 10:00am Balance & Flexibility w/ Nicole	9:00am Standing Strong w/ Nicole 10:00am Chair Yoga w/ Nicole 11:00am Tai Chi w/ Dan	9:00am Shaping Up, Sitting Down w/ Nicole 10:00am Balance & Flexibility w/ Nicole	10:00am T'ai Chi w/ Dan 11:00am Line Dancing	Classes & Programs Cancelled
27	28	29	30	31
	1	Fitness Classes Cancelled		

Lindsay Okuszki

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October 2025									No	vember 2	2025		
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26	27	28	29	30	31		30	24	25	20	21	20	29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 29	30	Oct 1	2	3
·		10:00am New Jersey Natural Gas Outreach Event	10:00am Ceramics/Exp. Fine Art	PM Programs Cancelled
		1:00pm Cards & Games	1:00pm Bridge/Rummikub	9:00am Ceramics w/ Sue
		7.00pm cards & dames	1:00pm Ceramics/Exp. Fine Art	93-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-3-
			S. 199pii Caldina Sprillerii	
6	7	8	9	10
10:00am Ceramics w/ Sue	10:00am Creative Expressions	1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue
1:00pm Canasta	10:00am Woodcarving		1:00pm Bridge/Rummikub	10:30am Book Club
1:00pm Knitwits	11:00am "PAS-1 Filing Workshop"	And the state of t	1:00pm Ceramics/Exp. Fine Art	1:00pm Cards & Games
·	1:00pm Acting		1:00pm Forever Young Bus, Mtg,	
	1:00pm Bingo/Bridge			
13	14	15	16	17
Columbus Day	10:00am Creative Expressions	10:30am "Fall Prevention"	10:00am Ceramics/Exp. Fine Art	9:00am Ceramics w/ Sue
Senior Center & Mun. Bldg.	10:00am Woodcarving	1;00pm Cards & Games	10:00am Medicare Info Session	1:00pm Cards & Games
•	1:00pm Acting	1:00pm Vaccine Clinic	1:00pm Bridge/Rummikub	
	1:00pm Bingo/Bridge		1:00pm Ceramics/Exp. Fine Art	MARKATON WATER
			6:00pm Medicare Info Session	
20	21	22	23	24
10:00am "The Nurse Is In"	10:00am Creative Expressions	1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art	Classes & Programs Cancelled
10:00am Ceramics w/ Sue	10:00am LD11 Mobile Outreach		1:00pm Bridge/Rummikub	
11:00am "Managing Osteoporosis"	10:00am Woodcarving		1:00pm Ceramics/Exp. Fine Art	and market and market and and an analysis and
1:00pm Canasta	1:00pm Acting	100000 1000 1000 1000 1000 1000 1000 1	1:00pm Musicians In The Round	
1:00pm Knitwits	1:00pm Bingo/Bridge			
27	28	29	30	31
10:00am Ceramics w/ Sue	9:30am Wellness Screenings	1:00pm Cards & Games	10:00am Ceramics/Exp. Fine Art	Classes & Programs Cancelled
1:00pm Canasta	10:00am Creative Expressions	District Control of Co	1:00pm Bridge/Rummikub	Mocktail Party
1:00pm Knitwits	10:00am Woodcarving		1:00pm Ceramics/Exp. Fine Art	
· · · · · · · · · · · · · · · · · · ·	1:00pm Acting	And the Annual Market Haste	, , , , , , , , , , , , , , , , , , , ,	
	1:00pm Bingo/Bridge			

## October 2025

October 2025							November 2025						
u u	Мо	Tu	We	Th	Fr	Sa	Su	Мо	Tu	We	Τh	Fr	Sa
5 2 9	6 13 20 27	7 14 21 28	1 8 15 22 29	2 9 16 23 30	3 10 17 24 31	4 11 18 25	2 9 16 23 30	3 10 17 24	4 11 18 25	5 12 19 26	6 13 20 27	7 14 21 28	1 8 15 22 29

				30
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 29	30	Oct 1   Lunch Menu - Meatloaf   TODAY'S SHOPPING TRIP   Shop-Rite OR Hobby Lobby	2 Lunch Menu - Breaded Flounder TODAY'S SHOPPING TRIP Stop & Shop OR ALDI's	3   Oktoberfest Luncheon Res, Req'd.
6   Lunch Menu - Salisbury Steak   TODAY'S SHOPPING TRIP   Uncle Giuseppe's OR Lidl	7   Lunch Menu - Tuna Salad   TODAY'S SHOPPING TRIP   Rt. 66 (Home Depot OR Wal-Mart)	8   Lunch Menu - Turkey Dinner   TODAY'S SHOPPING TRIP   Shop-Rite OR Hobby Lobby	9   Lunch Menu - BBQ Spare Ribs   TODAY'S SHOPPING TRIP   Stop & Shop OR ALDI's	10 Lunch Menu - Spaghetti & meatballs
13   Columbus Day   Senior Center & Mun. Bldg. Closed	14   Lunch -Tacos   TODAY'S SHOPPING TRIP   Rt. 66 (Home Depot OR Wal-Mart)	15 Lunch Menu - Beef Lasagna TODAY'S SHOPPING TRIP Shop-Rite OR Hobby Lobby	16   Lunch Menu - Chicken Parm   TODAY'S SHOPPING TRIP   Stop & Shop OR ALDI's	17 Lunch Menu - Swedish Meatballs
20 Lunch Menu - Tuna Salad TODAY'S SHOPPING TRIP Seaview Square (includes drop off at Wegman's OR Target OR Costco)	21   Lunch Menu - Breaded Flounder   TODAY'S SHOPPING TRIP   Rt. 66 (Home Depot OR Wal-Mart)	22   Lunch Menu -Grilled chicken   TODAY'S SHOPPING TRIP   Shop-Rite OR Hobby Lobby	23   Lunch Menu - Pork Chops   TODAY'S SHOPPING TRIP   Stop & Shop OR ALDI's	24    Lunch Menu - Grilled Chicken   TODAY'S SHOPPING TRIP   Battleview Orchards
27   Lunch Menu - Salisbury Steak   TODAY'S SHOPPING TRIP   Seaview Square (includes drop off at Wegman's OR Target OR Costco)	28 Lunch Menu - Grilled Chicken TODAY'S SHOPPING TRIP Rt. 66 (Home Depot OR Wal-Mart)	29   Lunch Menu - Ham & Cheese   TODAY'S SHOPPING TRIP   Shop-Rite OR Hobby Lobby	30   Lunch Menu - Beef Lasagna   TODAY'S SHOPPING TRIP   Stop & Shop OR ALDI's	31 Mocktail Party Res. Req'd.

Lindsay Okuszki