

First 200 registrants before September 7, 2014 will receive a t-shirt. Registration fee is \$25, or \$20 before September 7, 2014, and \$15 for Meridian Health team members who register before September 7, 2014.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_

Male  Female  Meridian Health Team Member      Shirt Size: S M L XL (Please circle one)

**Waiver/Release:** In consideration of this entry being accepted, I hereby for myself, heirs, executors, & administrators waive and release any claims I may have against Jersey Shore University Medical Center, the event organizers, volunteers, sponsors and (or) any representatives involved in the 5k Run/Walk for any and all injuries suffered by me. I certify that I am physically able to compete in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

For information call **732.776.4075**, visit [www.JerseyShoreUniversityMedicalCenter.com/5kRace](http://www.JerseyShoreUniversityMedicalCenter.com/5kRace) or e-mail [JSUMCrace@meridianhealth.com](mailto:JSUMCrace@meridianhealth.com).

Make checks payable to: **Jersey Shore University Medical Center**

Mail: Jersey Shore University Medical Center  
Attn: Jersey Shore University Medical Center 5k/Community Day  
PO Box 923  
Neptune, NJ 07753



## Jersey Shore University Medical Center 5th Annual 5k Run/Walk and Community Day Sunday, September 14, 2014



**Location:** Jersey Shore University Medical Center  
1945 Route 33  
Neptune, NJ 07753

**Race Day Registration and Check-in:** 8:30 a.m.

**5k Start Time:** 10:00 a.m.

**Kids' Races:** 11:30 a.m.

*Electronic timing*

Join us for an awards party, food, games, health screenings, children's health fair, and more.

**Awards:**

- \$3,000 Prize Money
- Money awarded to Top 3 Overall – Male & Female
- Money awarded to Top 3 Male & Female Finishers (in 5 year age groups)
- \$12,000 Prize money for Heart & Sole Cup (3 races)
- Free Kids' Races  
all kids participating in the race will receive a medal